

March, 2019

**CURRICULUM VITAE**

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**EDUCATION**

- 1994      Ph.D. Department of Sociology, UNC-CH. Dissertation: "Wisdom in the Later Years: A Life Course Approach to Successful Aging."  
 Advisor: Professor Glen H. Elder, Jr., Ph.D.
- 1987      Diplom. Department of Sociology, Johann Wolfgang Goethe-University of Frankfurt/Main (Germany). Thesis: "Die Repräsentativität von Umfragedaten - dargestellt anhand des Vergleichs dreier Jugendstudien" (The Representativeness of Survey Data. A Comparison of Three Youth Studies).  
 Advisor: Professor Klaus Allerbeck, Ph.D.

**EMPLOYMENT**

- 2017-present      Professor, Department of Sociology and Criminology & Law, University of Florida.
- 2008-2017      Associate Professor, Department of Sociology and Criminology & Law, University of Florida.
- 2002-present      Founding Faculty Member and Member of Advisory Committee, University of Florida Center for Spirituality and Health.
- 2001-2008      Associate Professor, Department of Sociology, University of Florida.
- 2002-2006      Faculty Member, University of Florida Women's Health Research Center.
- 1994-2006      Faculty Affiliate, Center for Gerontological Studies, University of Florida.
- 2000-2003      Core Faculty Member of the Institute on Aging, University of Florida.
- 1994-2001      Assistant Professor, Department of Sociology, University of Florida.
- 1987-1988      Research Associate for Social Policy, Department of Economics, J.W. Goethe-University of Frankfurt/Main.

## PUBLICATIONS

*Edited Book*

- 2009 Ai, Amy L. and Monika Ardel (eds.). *Faith and Well-Being in Later Life: Linking Theories with Evidence in an Interdisciplinary Inquiry*, Hauppauge, NY: Nova Science Publishers.

*Refereed Journal Articles*

- In press Ardel, Monika and Michel Ferrari. "Effects of Wisdom and Religiosity on Subjective Well-Being in Old Age and Young Adulthood: Exploring the Pathways through Mastery and Purpose in Life." *International Psychogeriatrics*. doi: 10.1017/s1041610218001680
- In press Ardel, Monika. "Can Wisdom and Psychosocial Growth Be Learned in University Courses? *The Journal of Moral Education*. doi: 10.1080/03057240.2018.1471392
- In press Plews-Ogan, Margaret, Monika Ardel, and Justine E. Owens. "Growth through Adversity: Exploring Associations between Virtues, Posttraumatic Growth, and Wisdom." *The Journal of Value Inquiry*. doi: 10.1007/s10790-018-9659-4
- 2019 Ferrari, Michel, Hyeyoung Bang, Monika Ardel, and Zhe Feng. "Educating for Virtue: How Wisdom Coordinates Informal, Non-Formal, and Formal Education in Motivation to Virtue in Canada and South Korea." *The Journal of Moral Education*, 8(1), 47-64. doi: 10.1080/03057240.2018.1546169
- 2018 Ardel, Monika and Sabine Grunwald. "The Importance of Self-Reflection and Awareness for Human Development in Hard Times. *Research in Human Development*, 15(3-4), 187-199. doi: 10.1080/15427609.2018.1489098
- 2018 Bruya, Brian and Monika Ardel. "Fostering Wisdom in the Classroom, Part 2: A Curriculum." *Teaching Philosophy*, 41(4), 349-380. doi: 10.5840/teachphil2018112096
- 2018 Bruya, Brian and Monika Ardel. "Fostering Wisdom in the Classroom, Part 1: A General Theory of Wisdom Pedagogy." *Teaching Philosophy*, 41(3), 239-253. doi: 10.5840/teachphil201882889
- 2018 Bruya, Brian and Monika Ardel. "Wisdom Can Be Taught: A Proof-of-Concept Study for Fostering Wisdom in the Classroom." *Learning and Instruction*, 8, 106-114. doi:10.1016/j.learninstruc.2018.05.001
- 2018 Ardel, Monika, Stephen Pridgen, and Kathryn L. Nutter-Pridgen. "The Relation between Age and Three-Dimensional Wisdom: Variations by Wisdom Dimensions and Education." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 73(8), 1339-1349. doi: 10.1093/geronb/gbx182

- 2018 Ardel, Monika and Dilip V. Jeste. "Wisdom and Hard Times: The Ameliorating Effect of Wisdom on the Negative Association between Adverse Life Events and Well-Being." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 73(8), 1374-1383. doi: 10.1093/geronb/gbw137
- 2018 Ardel, Monika, Kathryn R. Gerlach, and George E. Vaillant. "Early and Midlife Predictors of Wisdom and Subjective Well-Being in Old Age." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 73(8), 1514-1525. doi: 10.1093/geronb/gby017
- 2017 Oh, Hunhui, Monika Ardel, and Tanya Koropecj-Cox. "Daughters' Generation: The Importance of Having Daughters Living Nearby for Older Korean Immigrants' Mental Health." *Journal of Family Issues*, 38(16), 2329-2345. doi: 10.1177/0192513x16640023
- 2017 Thomas, Michael L., Katherine J. Bangen, Monika Ardel, and Dilip V. Jeste. "Development of a 12-Item Abbreviated Three-Dimensional Wisdom Scale (3D-WS-12): Item Selection and Psychometric Properties." *Assessment*, 24(1), 71-82. doi: 10.1177/1073191115595714
- 2016 Ardel, Monika. "Disentangling the Relations between Wisdom and Different Types of Well-Being in Old Age: Findings from a Short-Term Longitudinal Study." *Journal of Happiness Studies*, 7(5), 1963-1984. doi: 10.1007/s10902-015-9680-2
- 2016 Ardel, Monika and Carladenise A. Edwards. "Wisdom at the End of Life: An Analysis of Mediating and Moderating Relations between Wisdom and Subjective Well-Being." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 71(3): 502-513. doi: 10.1093/geronb/gbv051
- 2016 Weststrate, Nic M., Michel Ferrari, and Monika Ardel. "The Many Faces of Wisdom: An Investigation of Cultural-Historical Wisdom Exemplars Reveals Practical, Philosophical, and Benevolent Prototypes." *Personality and Social Psychology Bulletin*, 42(5): 662-676. doi: 10.1177/0146167216638075
- 2016 Owens, Justine E., Martha Menard, Margaret Plews-Ogan, Lawrence G. Calhoun, and Monika Ardel. "Stories of Growth and Wisdom: A Mixed-Methods Study of People Living Well With Pain." *Global Advances in Health and Medicine*, 5(1): 16-28. doi: 10.7453/gahmj.2015.065.
- 2016 Plews-Ogan, Margaret, Natalie May, Justine E. Owens, Monika Ardel, Jo Shapiro, and Sigall K. Bell. "Wisdom in Medicine: What Helps Physicians after a Medical Error?" *Academic Medicine*, 91(2), 233-241. doi: 10.1097/ACM.0000000000000886
- 2015 Cheraghi, Fereshte, Parvin Kadivar, Monika Ardel, Ali Asgari, and Valiollah Farzad. "Gender as a Moderator of the Relation between Age Cohort and Three-Dimensional Wisdom in Iranian Culture." *The International Journal of Aging and Human Development*, 81(1-2): 3-26. doi: 10.1177/0091415015616394

- 2015 Oden, Charles, Monika Ardelt, and Cynthia Ruppel. "Wisdom and its Relation to Ethical Attitude in Organizations." *Business and Professional Ethics Journal*, 34(2): 141-164. doi: 10.5840/bpej2015111032
- 2014 Landes, Scott D., Monika Ardelt, George E. Vaillant, and Robert J. Waldinger. "Childhood Adversity, Midlife Generativity, and Later Life Well-Being." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 69(6): 942-952.
- 2012 Bergsma, Ad and Monika Ardelt. "Self-Reported Wisdom and Happiness: An Empirical Investigation." *Journal of Happiness Studies*, 13(3): 481-499.
- 2011 Ardelt, Monika. "The Measurement of Wisdom: A Commentary on Taylor, Bates, and Webster's Comparison of the SAWS and 3D-WS." *Experimental Aging Research*, 37(2): 241-255.
- 2011 Landes, Scott D. and Monika Ardelt. "The Relationship between Spirituality and Death Fear in Aging Adults." *Counselling and Spirituality*, 30(2): 87-111.
- 2010 Ardelt, Monika. "Are Older Adults Wiser Than College Students? A Comparison of Two Age Cohorts." *Journal of Adult Development*, 17(4): 193-207.
- 2010 Ardelt, Monika, Scott D. Landes, and George E. Vaillant. "The Long-Term Effects of World War II Combat Exposure on Later Life Well-Being Moderated by Generativity." *Research in Human Development*, 7(3): 202-220.
- 2010 Jeste, Dilip V., Monika Ardelt, Dan Blazer, Helena C. Kraemer, George Vaillant, and Thomas W. Meeks. "Expert Consensus on Characteristics of Wisdom: A Delphi Method Study." *The Gerontologist*, 50(5): 668-680.
- 2009 Ai, Amy L. and Monika Ardelt. "Contradiction in the Contemporary Study of Faith Matters: Negation and Affirmation via a Historical Perspective." *Journal of Religion, Spirituality and Aging*, 21(4): 287-296.
- 2009 Ardelt, Monika. "How Similar are Wise Men and Women? A Comparison Across Two Age Cohorts." *Research in Human Development*, 6(1): 9-26.
- 2008 Ardelt, Monika, Amy L. Ai, and Susan E. Eichenberger. "In Search for Meaning: The Differential Role of Religion for Middle-Aged and Older Persons Diagnosed with a Life-Threatening Illness." *Journal of Religion, Spirituality and Aging*, 20(4): 288-312.
- 2008 Benedikovičová, Jana and Monika Ardelt. "The Three-Dimensional Wisdom Scale in Cross-Cultural Context: A Comparison between American and Slovak College Students." *Studia Psychologica*, 50(2): 179-190.
- 2008 Vaillant, George E., Janice Templeton, Monika Ardelt, and Stephanie E. Meyer. "The Natural History of Male Mental Health: Health and Religious Involvement." *Social Science & Medicine*, 66(2): 221-231.

- 2007 Ardel, Monika and Cynthia S. Koenig. "The Importance of Religious Orientation in Dying Well: Evidence from Three Case Studies." *Journal of Religion, Spirituality & Aging*, 19(4): 61-79.
- 2006 Ardel, Monika and Cynthia S. Koenig. "The Role of Religion for Hospice Patients and Relatively Healthy Older Adults." *Research on Aging*, 28(2): 184-215.
- 2005 Ardel, Monika. "How Wise People Cope With Crises and Obstacles in Life." *ReVision: A Journal of Consciousness and Transformation*, 28(1): 7-19.
- 2004 Ardel, Monika. "Wisdom as Expert Knowledge System: A Critical Review of a Contemporary Operationalization of an Ancient Concept." *Human Development*, 47(5): 257-285.
- 2004 Ardel, Monika. "Where Can Wisdom Be Found? – A Reply to the Commentaries by Baltes and Kunzmann, Sternberg, and Achenbaum." *Human Development*, 47(5): 304-307.
- 2003 Ardel, Monika. "Effects of Religion and Purpose in Life on Elders' Subjective Well-Being and Attitudes toward Death." *Journal of Religious Gerontology*, 14(4): 55-77.
- 2003 Ardel, Monika. "Empirical Assessment of a Three-dimensional Wisdom Scale." *Research on Aging*, 25(3): 275-324.
- 2002 Ardel, Monika and Laurie Day. "Parents, Siblings, and Peers: Close Social Relationships and Adolescent Deviance." *Journal of Early Adolescence*, 22(3): 310-349.
- 2001 Ardel, Monika and Jacquelynne S. Eccles. "Effects of Mothers' Parental Efficacy Beliefs and Promotive Parenting Strategies on Inner-City Youth." *Journal of Family Issues*, 22(8): 944-972.
- 2000 Ardel, Monika. "Antecedents and Effects of Wisdom in Old Age: A Longitudinal Perspective on Aging Well." *Research on Aging*, 22(4): 360-394.
- 2000 Ardel, Monika. "Intellectual Versus Wisdom-Related Knowledge: The Case for a Different Kind of Learning in the Later Years of Life." *Educational Gerontology: An International Journal of Research and Practice*, 26(8): 771-789.
- 2000 Ardel, Monika. "Still Stable After All These Years? Personality Stability Theory Revisited." *Social Psychology Quarterly, Special Millennium Issue on The State of Sociological Social Psychology*, 63(4): 392-405.
- 1998 Ardel, Monika. "Social Crisis and Individual Growth: The Long-Term Effects of the Great Depression." *Journal of Aging Studies*, 12(3): 291-314.
- 1997 Ardel, Monika. "Wisdom and Life Satisfaction in Old Age." *The Journals of Gerontology, Series B: Psychological and Social Sciences*, 52B(1): P15-P27.

- 1995 Elder, Glen H., Jr., Jacquelynne Eccles, Monika Ardel, and Sarah Lord. "Inner City Parents under Economic Pressure: Perspectives on the Strategies of Parenting." *Journal of Marriage and the Family*, 57(3): 771-784.
- 1992 Elder, Glen H., Jr., Rand D. Conger, E. Michael Foster, and Monika Ardel. "Families under Economic Pressure." *Journal of Family Issues*, 13(1): 5-37.
- 1991 Blau, Peter M., Danching Ruan, and Monika Ardel. "Interpersonal Choice and Networks in China." *Social Forces*, 69(4): 1037-1062.

#### *Open Access Publication*

- 2015 Puig, Ana, Emi Lenes, Monika Ardel, Jean Theurer, Jasmine Ulmer, Angela Calderon, and Louis A. Ritz. "Adolescent and Young Adult Palliative Care at the UFHealth Streetlight Program: Impacts on Pre-medical and Pre-healthcare Professionals." *MedEdPublish*, 4(2): 1-19, <http://dx.doi.org/10.15694/mep.2015.004.0002>.

#### *Book Chapters*

- Forthcoming Ardel, Monika, Michel Ferrari, and Wanlu Shi. "Implicit Wisdom Theories from Around the World and their Implications for Wise Business and Management." In B. Schwartz, C. Bernacchio, C. González-Cantón, & A. Robson (eds.): *Handbook of Practical Wisdom in Business and Management*. New York, NY: Springer.
- In press Ardel, Monika. "Wisdom and Well-Being." In R.J. Sternberg and J. Glück (eds.): *Cambridge Handbook of Wisdom*. New York, NY: Cambridge University Press.
- In press Ardel, Monika, Stephen Pridgen, and Kathryn Nutter-Pridgen. "Wisdom as a Personality Type." In R.J. Sternberg and J. Glück (eds.): *Cambridge Handbook of Wisdom*. New York, NY: Cambridge University Press.
- 2019 Ardel, Monika and Kimberly Wingard. "Spirituality and Wisdom: Their Differential Effects on Older Adults' Spiritual Behavior, Well-Being, and Attitudes toward Death." Pp. 183-213 in V.L. Bengtson and M. Silverstein (eds): *New Dimensions in Spirituality, Religion, and Aging*. New York, NY: Routledge.
- 2018 Ardel, Monika. "Activity 9.2. Life History Interview Project." Pp. 275- 291 in H.E. Baker, T.M. Kruger, R.J. Karasik (eds.): *A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom and Beyond*. New York, NY: Springer.
- 2018 Landes, Scott D., Monika Ardel, and Ann T. Landes. "Exploring the Veteran/Non-Veteran Mortality Differential: The Influence of War and Smoke." Pp. 187-206 in A. Spiro, R.A. Settersten, and C.M. Aldwin (eds.): *Long-Term Outcomes of Military Service: The Health and Well-Being of Aging Veterans*. Washington, D.C.: American Psychological Association.

- 2017 Oden, Charles and Monika Ardel. "Practical Wisdom and Professional Development: Engagement for the Next Generation of Business." Pp. 163-184 in W. Küpers and O. Gunnlaugson (eds.): *Wisdom Learning: Perspectives on Wising-up Business and Management Education*. New York, NY: Routledge.
- 2016 Plews-Ogan, Margaret, Justine E. Owens, Natalie May, and Monika Ardel. "Heroism & Wisdom in Medicine." Pp. 229-248 in S.T. Allison, G.R. Goethals, and R.M. Kramer (eds.): *Handbook of Heroism and Heroic Leadership*. New York, NY: Routledge.
- 2016 Ardel, Monika and Carolyn E. Adams-Price. "Creativity and Wisdom across the Life Course." Pp. 27-53 in M. Harrington Meyer and E.A. Daniele (eds.): *Gerontology: Changes, Challenges, and Solutions*. (Volume 2: *Health and Well-Being*). Santa Barbara, CA: Praeger.
- 2016 Ardel, Monika and Hunhui Oh. "Theories of Wisdom and Aging." Pp. 599-619 in V.A. Bengtson and R.A. Settersten (eds.): *Handbook of Theories of Aging*, 3<sup>rd</sup> Edition, New York, NY: Springer.
- 2014 Ardel, Monika and Michel Ferrari. "Wisdom and Emotions." Pp.256-272 in P. Verhaeghen and C. Hertzog (eds.): *The Oxford Handbook of Emotion, Social Cognition, and Problem Solving in Adulthood*. New York, NY: Oxford University Press.
- 2014 Ardel, Monika and Harris Friedman. "Vulnerability and Privilege among the Elderly: Social Justice Issues in Gerontology and Psychology." Pp. 191-222 in C. Johnson, H. Friedman, J. Diaz, Z. Franco, and B. Nastasi (eds.): *The Praeger Handbook of Social Justice and Psychology* (Volume 1: *Fundamental Issues and Special Populations*). Santa Barbara, CA: Praeger.
- 2014 Plews-Ogan, Margaret and Monika Ardel. "Wisdom is a Worthy Construct." Pp. 7-24 in M. Plews-Ogan and G. Beyt (eds.): *Wisdom Leadership in Academic Health Science Centers: Leading Positive Change* (Volume 5: *Culture, Context, and Quality in Health Sciences Research, Education, Leadership and Patient Care*). New York, NY: Radcliffe.
- 2013 Ardel, Monika, W. Andrew Achenbaum, and Hunhui Oh. "The Paradoxical Nature of Personal Wisdom and Its Relation to Human Development in the Reflective, Cognitive, and Affective Domains." Pp. 265-295 in M. Ferrari and N. Weststrate (eds.): *The Scientific Study of Personal Wisdom: From Contemplative Traditions to Neuroscience*. New York, NY: Springer.
- 2013 Ardel, Monika, Scott D. Landes, Kathryn R. Gerlach, and Leah Polkowski Fox. "Rediscovering Internal Strengths of the Aged: The Beneficial Impact of Wisdom, Mastery, Purpose in Life, and Spirituality on Aging Well." Pp. 97-119 in J.D. Sinnott (ed.): *Positive Psychology. Advances in Understanding Adult Motivation*, New York, NY: Springer.
- 2011 Ardel, Monika. "Wisdom, Age, and Well-Being." Pp. 279-291 in K.W. Schaie and S.L. Willis (eds.): *Handbook of the Psychology of Aging*, 7<sup>th</sup> Edition, Amsterdam, The Netherlands: Elsevier.

- 2010 Ai, Amy L., Paul Wink, and Monika Ardelt. "Spirituality and Aging: A Journey for Meaning through Deep Interconnection in Humanity." Pp. 222-246 in J.C. Cavanaugh and C.K. Cavanaugh (eds.): *Aging in America* (Vol. 3: *Societal Issues*). Santa Barbara, CA: Praeger.
- 2010 Ardelt, Monika. "Age, Experience, and the Beginning of Wisdom." Pp. 306-316 in D. Dannefer and C. Phillipson (eds.): *The SAGE Handbook of Social Gerontology*, Thousand Oaks, CA: Sage.
- 2010 Ardelt, Monika and Hunhui Oh. "Wisdom: Definition, Assessment, and Its Relation to Successful Cognitive and Emotional Aging." Pp. 87-113 in D. Jeste and C. Depp (eds.): *Successful Cognitive and Emotional Aging*, Washington, DC: American Psychiatric Publishing. (A slightly different version of this chapter was also published in the *Journal of the Korean Gerontological Society*, 28(3): 619–643.)
- 2009 Ai, Amy L. and Monika Ardelt. "Introduction - Scientific Investigation of the Multifaceted Faith Effects in Aging: A Theory-Based Interdisciplinary Inquiry." Pp. ix-xvi in A.L. Ai and M. Ardelt (eds.): *Faith and Well-Being in Later Life: Linking Theories with Evidence in an Interdisciplinary Inquiry*, Hauppauge, NY: Nova Science Publishers.
- 2009 Ardelt, Monika and Cynthia S. Koenig. "Differential Roles of Religious Orientation on Subjective Well-Being and Death Attitudes in Old Age: Mediation of Spiritual Activities and Purpose in Life." Pp. 85-112 in A.L. Ai and M. Ardelt (eds.): *Faith and Well-Being in Later Life: Linking Theories with Evidence in an Interdisciplinary Inquiry*, Hauppauge, NY: Nova Science Publishers.
- 2009 Ardelt, Monika and Steven Jacobs. "Wisdom, Integrity, and Life Satisfaction in Very Old Age." Pp. 732-760 in M.C. Smith (ed.): *Handbook of Research on Adult Learning and Development*, New York: Routledge.
- 2008 Ardelt, Monika. "Being Wise at Any Age." Pp. 81-108 in S.J. Lopez (Ed.): *Positive Psychology: Exploring the Best in People. Volume 1: Discovering Human Strengths*, Westport, CT: Praeger.
- 2008 Ardelt, Monika. "Self-Development through Selflessness: The Paradoxical Process of Growing Wiser." Pp. 221-233 in H.A. Wayment and J.J. Bauer (eds.): *Transcending Self-Interest: Psychological Explorations of the Quiet Ego*, Washington, D.C.: American Psychological Association.
- 2008 Ardelt, Monika. "Wisdom, Religiosity, Purpose in Life, and Death Attitudes of Aging Adults." Pp. 139-158 in A. Tomer, G.T. Eliason, and P.T.P. Wong (eds.): *Existential and Spiritual Issues in Death Attitudes*, Hillsdale, NY: Lawrence Erlbaum.
- 2007 Ardelt, Monika. "Wisdom, Religiosity, Purpose in Life, and Attitudes Toward Death." Pp. 257-271 in P.T.P. Wong, L.C.J. Wong, M.J. McDonald, and D.W.



- Klaassen (eds.): *The Positive Psychology of Meaning and Spirituality. Selected Papers from Meaning Conferences*, Abbotsford BC, Canada: INPM Press.
- 2006 Ardel, Monika. "Set in Their Ways? - Personality Stability and Change in Women and Men across Forty Years." Pp. 37-67 in J.Z. Arlsdale (ed.): *Advances in Social Psychology Research*, New York: Nova Science.
- 2005 Ardel, Monika. "Foreword." Pp. xi-xvii in R.J. Sternberg and J. Jordan (eds.): *A Handbook of Wisdom. Psychological Perspectives*, New York: Cambridge University Press.
- 2003 Ardel, Monika. "Physician-Assisted Death." Pp. 424-434 in Clifton D. Bryant et al. (eds.): *Handbook of Death and Dying, Volume One: The Presence of Death*, Thousand Oaks, CA: Sage.
- 1999 Elder, Glen H., Jr., and Monika Ardel. "Family Influences and Adolescents' Lives." Pp. 120-144 in F.F. Furstenberg, Jr., J.S. Eccles, G.H. Elder, Jr., T. Cook, and A. Sameroff (eds.): *Managing To Make It: Urban Families and Adolescent Success*, Chicago, IL: University of Chicago Press.
- 1994 Elder, Glen H., Jr., E. Michael Foster, and Monika Ardel. "Children in the Household Economy." Pp. 127-146 in R. Conger and G.H. Elder (eds.): *Families in Troubled Times: Adapting to Change in Rural America*, New York: Aldine-DeGruyter.
- 1994 Elder, Glen H., Jr., Elizabeth B. Robertson, and Monika Ardel. "Families Under Economic Pressure." Pp. 79-103 in R. Conger and G.H. Elder (eds.): *Families in Troubled Times: Adapting to Change in Rural America*, New York: Aldine-DeGruyter.
- 1990 Wagner, Gert, Monika Ardel, and Notburga Ott. "Bevölkerungsentwicklung und Sportpotentiale bis zum Jahr 2000. Eine mikroanalytische Simulationsstudie (Population Development and Sport Potential to the Year 2000. A Microanalytical Simulation Study)." Pp. 124-164 in G. Anders (ed.): *Vereinsport an der Wachstumsgrenze? Sport in der Krise der Industriegesellschaften (Organized Sport at its Growth Limit? Sport in the Crisis of Industrial Societies)*, Witten: Verlag am Steinberg Gerd May.

#### Encyclopedia Entries

- 2016 Ardel, Monika and Hunhui Oh. "Correlates of Wisdom." In S. Krauss Whitbourne (ed.), *The Encyclopedia of Adulthood and Aging*. Hoboken, NJ: Wiley. 5 pp.  
<http://onlinelibrary.wiley.com/doi/10.1002/9781118521373.wbeaa184/pdf>

#### Refereed Reviews

- 2004 Ardel, Monika. "The Challenges of Combining Quantitative and Qualitative Data Analyses." Book review of Cicirelli, Victor G. (2002). *Older Adults' Views on Death*. New York: Springer. *PsycCRITIQUES*, 49(Suppl 14).

- 2003 Ardel, Monika. Book review of Randall, William L., & Gary M. Kenyon (2001). *Ordinary Wisdom: Biographical Aging and the Journey of Life*. Westport, CT: Praeger. *Canadian Journal on Aging/La revue canadienne du vieillissement*, 22(2): 238-241.

### Reviews

- 2000 Ardel, Monika. Film review of "Evelyn Williams." Appalshop Films, 29 minutes. *The Gerontologist*, 40(1): 124-125.

### INVITED PRESENTATIONS

- 2018 Ardel, Monika. "Aging, Wisdom, and Well-Being." Invited Presentation at the 2018 Santa Fe Institute Science Board/Trustee Symposium on "The Complexity of Time," Santa Fe, N.M., May 4-5, 2018.

- 2017 Ardel, Monika. "Spirituality and Wisdom: Their Differential Effects on Older Adults' Spiritual Behavior, Well-Being, and Attitudes toward Death." Invited Presentation at the New Dimensions in Spirituality, Religion, and Aging Conference, Washington, D.C., October 12, 2017.

Ardel, Monika. "Definitions and Measures of Wisdom and the Promotion of Wisdom and Psychosocial Growth in University Classes." Invited Guest Lecture at the University of Jyväskylä, organized by the Finnish Institute for Educational Research and the Gerontology Research Center. Jyväskylä, Finland, April 11, 2017.

Ardel, Monika. "The Benefits of Wisdom for Aging and Dying Well." Invited Guest Lecture at the Gerontology Research Center, University of Jyväskylä. Jyväskylä, Finland, April 10, 2017.

Ardel, Monika. "Compassion Embodied and Wisdom." Invited Presentation at the Compassion Embodied Workshop organized by the CoPassion Project at the University of Helsinki. Helsinki, Finland, April 4 – 5, 2017.

Ardel, Monika. "Measuring Wisdom and Its Relation to Character and Virtues." Keynote presentation at the Jubilee Centre's fifth annual conference, 'Character, Wisdom and Virtue.' Oriel College, Oxford, Great Britain, January 5 – 7, 2017.

- 2016 Ardel, Monika. "Weisheit und Wohlbefinden (Wisdom and Well-Being)." Invited Presentation for the Interdisciplinary Lecture Series on Wisdom organized by Ursula Renz & Judith Glück, Alpen-Adria University Klagenfurt, Klagenfurt, Austria, October 4, 2016.

Ardel, Monika. "Characteristics of Wise Organizations." Invited Presentation at the Symposium on Wisdom and Compassion: (Re)Search of Wisdom in Working Life and Beyond organized by the CoPassion Project at the University of Helsinki. Helsinki, Finland, September 26, 2016.

Ardel, Monika. "Purpose in Life: The Link Between Religiosity/Spirituality and Well-Being in Old Age and Early Adulthood." Invited Presentation at the

Symposium on Meaning in Life: Defining and Refining Meaning in Life – Philosophical, Psychological, Spiritual and Vocational Paths organized by the CoPassion Project at the University of Helsinki. Helsinki, Finland, September 23, 2016.

Ardelt, Monika. “Long-Term Predictors of Late Life Wisdom and Well-Being among Highly Educated White Men.” Invited Presentation at the Wisdom Research Forum organized by the Center for Practical Wisdom at the University of Chicago. Chicago, IL, July 14, 2016.

Ardelt, Monika. “Aging and the End of Life.” Invited Presentation at the in-service training for UF/IFAS Extension Faculty on “The Art of Goodbye: Education for Preparing for the End of Life.” Gainesville, FL, March 23, 2016.

2015 Ardel, Monika. “Wisdom and Well-Being.” Invited Presentation at the Wisdom Research Forum organized by the Chicago Wisdom Research Project at the University of Chicago. Chicago, IL, May 8, 2015.

2014 Ardel, Monika. “Wisdom and Aging Well: Examining Possible Pathways and Mechanisms.” Invited Presentation at the University of Virginia Center for Appreciative Practice Wisdom and Well Being Speaker Series. Charlottesville, VA, October 10, 2014.

Landes, Scott D., Monika Ardel, and Ann T. Landes. “Exploring the Veteran Mortality Differential: The Influence of War and Smoke.” Invited Presentation at the NIH funded Conference on “Long-Term Outcomes of Military Service: Perspectives on Health and Well-Being.” Airlie Center, Warrenton, VA, May 7-9, 2014.

2013 Ardel, Monika. “Personal Wisdom: Its Nature, Antecedents, and Effects.” Invited Lectures at the Interdisciplinary College 2013: “Wicked Problems, Complexity and Wisdom.” Günne at Lake Möhne, Germany, March 15-22, 2013.

2012 Ardel, Monika. “Religion and Spirituality: Well-Being and Death Attitudes Across the Life Course.” Invited Address at the American Psychological Association Annual Meeting, Division 36, Society for Psychology of Religion and Spirituality, Orlando, FL, August 3, 2012.

Ardelt, Monika and Michael R. Levenson. “Spirituality and Wisdom: Similarities and Differences.” Invited Discussion at the American Psychological Association Annual Meeting, Division 36, Society for Psychology of Religion and Spirituality, Orlando, FL, August 3, 2012.

Ardelt, Monika and Lucinda Orwoll. “Similarities and Differences between Wise and Creative Nominees: Personality Qualities and Subjective Well-Being.” Presentation at the Wisdom Workshop “Wise Practices, Imagination and the Toleration of Diversity” at the National University of Ireland, Galway, Ireland, June 15-17, 2012.

- Ardelt, Monika. "Toward Wisdom-Based Organizations." Presentation at the Learning Innovations Laboratory (LILA) at the Harvard Graduate School of Education, Harvard University, Cambridge, MA, April 25-26, 2012.
- Ardelt, Monika, W. Andrew Achenbaum, and Hunhui Oh. "The Paradoxical Nature of Personal Wisdom and Its Relation to Human Development in the Reflective, Cognitive, and Affective Domains." Presentation at the conference "Mind Matters II: New Perspectives on the Psychology of Wisdom" at the University of Toronto, Canada, February 18-19, 2012.
- 2011 Ardel, Monika. "Wisdom and Well-Being in Old Age: A Comparison of Four Studies and Three Assessment Approaches." Presentation at the Wisdom Workshop "Where can Wisdom be Found? Interdisciplinary Discussion on Evidence for Wisdom" at the University of Toronto, Canada, April 9, 2011.
- 2008 Ardel, Monika. "How Similar Are Wise Men and Women? – A Comparison Across Two Age Cohorts." Presentation at the Wisdom Workshop "Male Wisdom – Female Wisdom? Gender Issues in the Psychology of Wisdom" at the Alpen-Adria University of Klagenfurt, Austria, July 10, 2008.
- Ardelt, Monika. "Wisdom and Well-Being in Old Age." Presentation at the University of California, San Diego, Stein Institute for Research on Aging, San Diego, CA, April 24, 2008.
- 2007 Ardel, Monika. "Self-Development through Selflessness: The Paradoxical Process of Growing Wiser." Prime Time Institute. Santa Fe Community College, Gainesville, FL, October 23, 2007.
- Ardelt, Monika. "What is Wisdom?" Presentation for the staff of the Office of Family Safety, Department of Children and Families, Tallahassee, FL, August 24, 2007.
- 2006 Ardel, Monika. "Predictors of Aging Well." Presentation at the Developmental Psychology Seminar Series, Department of Psychology, University of Florida, September 27, 2006.
- Ardelt, Monika. "The Role of Religious Orientation at the End of Life." Presentation to an Adult Study Group at Trinity United Methodist Church, Gainesville, FL, June 4, 2006.
- Ardelt, Monika. "Panel: Spiritual Aspects of Aging among Older Women." Women's Healthy Aging Symposium: Mid-Life and Beyond. University of Florida, March 24, 2006.
- 2005 Ardel, Monika. "Self-Development through Selflessness: The Paradoxical Process of Growing Wiser." The Quiet Ego Conference: Implications for a Less Defensive Orientation toward the Self and Others. Northern Arizona University, Flagstaff, AZ, October 27-29, 2005.

- Ardelt, Monika. "Life Satisfaction and Well-Being in Old Age: Determinants and Interventions." The Fourth Annual Dallas Geropsychology Symposium: Key Clinical, Developmental, and Business Issues, Dallas, TX, May 7, 2005.
- 2004 Ardel, Monika. "Weisheit vs. Wissen: Die Anziehungskraft der alternativen und komplimentären Medizin im Vergleich zur standardisierten professionellen medizinischen Versorgung [Wisdom vs. Knowledge: The Attractiveness of Alternative and Complimentary Medicine in Comparison to Standardized Professional Medical Care]." Johann Wolfgang Goethe Universität Frankfurt/Main, Germany, October 13, 2004.
- Ardelt, Monika. "Effects of Religiosity and Compassionate Love at the End of Life." Center for Gerontological Studies Colloquium Series, University of Florida, September 28, 2004.
- Ardelt, Monika. "Religion and Compassionate Love: A Sociological Perspective." Department of Philosophy and Religion, Rollins College, Winter Park, FL, February 20, 2004.
- 2003 Ardel, Monika. "'Love Thy Neighbor': Religiosity and Compassionate Love." Unitarian Universalist Fellowship of St. Augustine, FL, November 30, 2003.
- Ardelt, Monika. "Studying Personality Stability and Change: Substantive and Methodological Challenges." Internationales Symposium über Langfrist-Panels in der Lebenslaufforschung: Innovationschancen und Erfordernisse langfristiger Forschungsperspektiven [International Symposium on Long-Term Panels in Life Course Research: Opportunities for Innovation and Requirements of Long-Term Research Perspectives], University of Cologne, Germany, March 28-29, 2003.
- Ardelt, Monika. "Compassionate End-of-Life Care." Medical education audiotape series, *Caring for the Older Adult III: Social and Behavioral Aspects of the Dying Process*, Geriatric Education Center, University of Florida.
- 2002 Ardel, Monika. "The Role of Wisdom in Aging and Dying Well." Institute on Aging Colloquium Series, University of Florida, December 3, 2002.
- Ardelt, Monika. "Wisdom and Aging: A Sociologist's Pursuit." Institute for the Medical Humanities Special Brown Bag Seminar, The University of Texas Medical Branch at Galveston, January 15, 2002.
- 2001 Ardel, Monika. "Aging and Dying Well – Similarities and Differences." Brookdale National Fellowship Retreat, October 19-21, 2001.
- Ardelt, Monika and Leah Polkowski. "Rediscovering Internal Strengths of the Aged: Their Sense of Wisdom, Mastery, and Purpose in Life." Special paper session on Changing Profiles of the Aged of the 21st Century at the American Sociological Association Annual Meetings, Anaheim, CA.
- Ardelt, Monika. "Wisdom in Old Age: What Is It, How Do We Get It, and What Are Its Benefits?" Distinguished Lectureship in Aging Series, Institute on Aging, University of South Florida, April 20, 2001.

- 2000 Ardel, Monika. "Wisdom, Religiosity, Purpose in Life, and Attitudes Toward Death." International Conference on Searching for Meaning in the New Millennium, July 13 to 16, 2000, Vancouver, B.C.
- Ardel, Monika. "Wisdom and Successful Aging." International Conference on Searching for Meaning in the New Millennium, July 13 to 16, 2000, Vancouver, B.C.
- Ardel, Monika. "Aging and Dying Well – Similarities and Differences." Brookdale National Fellowship Mini-Retreat, April 17-18, 2000.
- 1999 Ardel, Monika. "Aging and Dying Well – Similarities and Differences." Brookdale National Fellowship Millennium Retreat, October 15-17, 1999.
- Ardel, Monika. "The Noble Goal of Lifelong Learning: Wisdom or Intellectual Knowledge?" The Village, Retirement Community and Assisted Living Facility in Gainesville, FL, October 5, 1999.
- 1997 Ardel, Monika. "Wisdom and Aging Well: A Longitudinal Perspective." Research seminar presentation at the Institute of Gerontology, University of Michigan, December 11, 1997.

#### PRESENTATIONS

- 2018 Ardel, Monika and Michel Ferrari. "Effects of Wisdom and Religiosity on Subjective Well-Being Mediated by Mastery and Purpose in Life." The Gerontological Society of America Annual Meetings, Boston, MA, November 2018.
- Ardel, Monika and Michel Ferrari. "Mastery as a Mediator of the Association Between Three-Dimensional Wisdom and Subjective Health." The Gerontological Society of America Annual Meetings, Boston, MA, November 2018.
- Ardel, Monika, Stephen Pridgen, and Kathryn L. Nutter-Pridgen. "Age and Three-Dimensional Wisdom: Variations by Wisdom Dimensions and Education." The Gerontological Society of America Annual Meetings, Boston, MA, November 2018.
- Huang, Fang-Yi and Monika Ardel. "Pathways to Retirement in Taiwan: Do Ethnicity and Cohort Matter?" American Sociological Association, Philadelphia, PA, August 10-15, 2018.
- 2017 Ardel, Monika. "Do Daily Spiritual Experiences Make College Students Healthy and Wise or Are the Wise Healthier and More Spiritual? Investigating the Relations between Spirituality, Wisdom, and Subjective Health." Society for the Study of Human Development, 10<sup>th</sup> Biennial Meeting, Providence, RI, October, 6-8, 2017.

Bruya, Brian and Monika Ardelt. "Wisdom in the Classroom: A Short-Term Longitudinal Study of Fostering Wisdom in a Traditional Higher Education Setting." Society for the Study of Human Development, 10<sup>th</sup> Biennial Meeting, Providence, RI, October, 6-8, 2017.

Ardelt, Monika, Andreas Fischer, Justine E. Owens, and Margaret Plews-Ogan. "Personality and Wisdom." Society for the Study of Human Development, 10<sup>th</sup> Biennial Meeting, Providence, RI, October, 6-8, 2017.

Ferrari, Michel, Melanie Munroe, Monika Ardelt, and Ricca Edmondson. "Comparing Everyday Moral and Epistemic Exemplars." Conference on Exemplars and Exemplarism, Genoa, Italy, October 2017.

Ardelt, Monika, Katherine R. Gerlach, and George E. Vaillant. "Early and Midlife Predictors of Wisdom and Subjective Well-Being in Old Age." The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.

Spännäri, Jenni, Miia Paakkanen, and Monika Ardelt. "Wisdom and Compassion – Together for Better (or for Worse)?" The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.

Shi, Wanlu, Monika Ardelt, and Lucinda Orwoll. "Wisdom and Creativity as Two Routes to Satisfaction in Later Life: A Personal Traits Model." The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.

2016 Shi, Wanlu, Monika Ardelt, and Lucinda Orwoll. "Wisdom and Creativity: Two Pathways to Satisfaction with Life in Old Age." The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2016.

Ardelt, Monika. "Age, Wisdom, and Education: A Comparison of Internet Surveys from The Netherlands and Germany." European Sociological Association Research Network on Ageing in Europe Conference, Frankfurt, Germany, September 14-16, 2016.

Bruya, Brian and Monika Ardelt. "Wisdom in the Classroom: Evidence for Fostering Wisdom Growth via Classroom Instruction." Poster. Annual meeting of the Society for Philosophy and Psychology, Austin, TX, June 2016.

Grunwald, Sabine., Monika Ardelt, Ana Puig, Nancy J. Lasseter, Luis A. Ritz, Nuengruetai F. (May) Dolen, Ferdinand Lewis, Jan Snyder, Teresa Drake, Tina Tannen, Michael Murphy, Angela Brown, Kim Holton, R. Elaine Turner and Angela S. Lindner. "Embracing Mindfulness – Breath-by-Breath – at the University of Florida." Contemplative Practices for the 21<sup>st</sup> Century University Conference, Blacksburg, VA, March 10-12, 2016.

2015 Thomas, Michael L., Monika Ardelt, Katherine. J. Bangen, and Dilip Jeste. "A Short Version of the Three-Dimensional Wisdom Scale." The Gerontological Society of America Annual Meetings, Orlando, FL, November 2015.

Ardelt, Monika, Katherine R. Gerlach, and George E. Vaillant. "Early Life Predictors of Wisdom and Subjective Well-Being in Old Age." The Gerontological Society of America Annual Meetings, Orlando, FL, November 2015.

Ardelt, Monika and Dilip V. Jeste. "Wisdom and Hard Times: The Ameliorating Effect of Wisdom on the Negative Association between Adverse Life Events and Well-Being." Society for the Study of Human Development, 9<sup>th</sup> Biennial Meeting, Austin, TX, October, 16-18, 2015.

Bruya, Brian and Monika Ardelt. "The Relation between Three-Dimensional Wisdom and Perceived Stress: Findings from Cross-Linked Models." Society for the Study of Human Development, 9<sup>th</sup> Biennial Meeting, Austin, TX, October, 16-18, 2015.

Grunwald, Sabine, Monika Ardelt, Nancy J. Lasseter, and Louis A. Ritz. "Unlocking Creativity through Mindfulness. The New Campus-Wide UF Mindfulness Program to Enhance Teaching." 16<sup>th</sup> Annual CALS Teaching Enhancement Symposium, University of Florida, Gainesville, FL, August 18<sup>th</sup>, 2015.

2014 Ardelt, Monika and Lucinda Orwoll. "A Comparison of Two Exemplars of Successful Aging: Wisdom Nominees and Nominated Visual Artists." The Gerontological Society of America Annual Meetings, Washington, DC, November 2014.

Ferrari, Michel, Monika Ardelt, Chao Hu, Tanya Rozin, Gauhar Shariff, Rude Liu, and Elena Ivanova. "Cultural Differences in the Benefits of Wisdom in Old Age." The Gerontological Society of America Annual Meetings, Washington, DC, November 2014.

Landes, Scott D., Monika Ardelt, and Ann Landes. "Exploring the Veteran Mortality Differential: The Influence of War and Smoke." The Gerontological Society of America Annual Meetings, Washington, DC, November 2014.

2013 Ardelt, Monika. "Wisdom at the End of Life: An Analysis of Mediating and Moderating Effects on Subjective Well-Being." The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2013.

Ardelt, Monika, Peggy Plews-Ogan, and Justine E. Owens. "Growth Through Adversity: Exploring Possible Pathways to Mental Health." Society for the Study of Human Development, 8<sup>th</sup> Biennial Meeting, Fort Lauderdale, FL, November 3-5, 2013.

Landes, Scott D., Monika Ardelt, George E. Vaillant, and Robert J. Waldinger. "Childhood Adversity, Generativity and Successful Aging: A Life Course Perspective on Resilient Growth." Society for the Study of Human Development, 8<sup>th</sup> Biennial Meeting, Fort Lauderdale, FL, November 3-5, 2013.



- 2012 Ardelt, Monika. "Disentangling the Relations between Wisdom and Different Types of Well-Being." The Gerontological Society of America Annual Meetings, San Diego, CA, November 2012.
- Ardelt, Monika and Dilip Jeste. "Explaining the Pathway between Wisdom and Well-Being: Mediating Effects of Resilience and Mastery." The Gerontological Society of America Annual Meetings, San Diego, CA, November 2012.
- Landes, Scott D., Monika Ardelt, and George E. Vaillant. "The Long-Term Effects of Childhood Adversity on Later Life Well-Being Mediated and Moderated by Generativity." The Gerontological Society of America Annual Meetings, San Diego, CA, November 2012.
- 2011 Landes, Scott D. and Monika Ardelt. "Spiritual Discontent and Death Fear." The Gerontological Society of America Annual Meetings, Boston, MA, November 2011.
- Ardelt, Monika, Orli Zaprir, and Steve Jacobs. "Can Psychosocial Growth be Learned in University Courses?" Society for the Study of Human Development, Biennial Meeting, Brown University, Providence, RI, October 28-30, 2011.
- 2010 Ardelt, Monika, Scott D. Landes, and George E. Vaillant. "The Long-Term Effects of WWII Combat on Later Life Wisdom and Well-Being Moderated by Generativity." The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2010.
- 2009 Ardelt, Monika and George E. Vaillant. "Wisdom and Subjective Well-Being in the Later Years of Life." The Gerontological Society of America Annual Meetings, Atlanta, GA, November 2009.
- Ardelt, Monika and George E. Vaillant. "The Presence and Absence of Wisdom in Everyday Life: Evidence from Two Longitudinal Case Studies." The Gerontological Society of America Annual Meetings, Atlanta, GA, November 2009.
- Ardelt, Monika, Kathryn R. Gerlach, and George E. Vaillant. "Early Predictors of Midlife and Late Life Wisdom." Biennial Meeting of The Society for the Study of Human Development, Ann Arbor, MI, October, 2009.
- 2008 Ardelt, Monika. "Wisdom and Spirituality in Old Age: Their Differential Effects on Spiritual Behavior, Well-Being, and Attitudes toward Death." The Gerontological Society of America Annual Meetings, National Harbor, Maryland, November 2008.
- Ardelt, Monika and George E. Vaillant. "What Affects the Growth and Loss of Wisdom Throughout the Life Course? Evidence from Three Case Studies." The Gerontological Society of America Annual Meetings, National Harbor, Maryland, November 2008.
- Ardelt, Monika, Wendy Young, Melissa I. Bamba. "Not Your Grandparents' Religion? – Effects of College Students and Older Adults' Spiritual Beliefs on

- Subjective Well-Being and Fear of Death Mediated by Spiritual Activities and Purpose in Life.” The Association for the Sociology of Religion Annual Meeting, Boston, MA, August 2008.
- Vargas, Nicholas and Monika Ardel. “Spiritual Transformation and Subjective Well-Being: The Mediating Effects of Spiritual Experiences, Compassionate Love, and Altruistic Behavior.” The Association for the Sociology of Religion Annual Meeting, Boston, MA, August 2008.
- 2007 Ardel, Monika and George E. Vaillant. “Wisdom as a Cognitive, Reflective, and Affective Three-Dimensional Personality Characteristic.” The Gerontological Society of America Annual Meetings, San Francisco, CA, November 2007.
- Ardel, Monika and Cynthia S. Koenig. “The Role of Religion in Old Age: Effects on Purpose in Life, Subjective Well-Being, and Death Attitudes.” The Gerontological Society of America Annual Meetings, San Francisco, CA, November 2007.
- Ardel, Monika, Steve Jacobs, and Orli Zaprir. “Positive Personality Development, Wisdom, and Subjective Well-Being in Young Adulthood.” Biennial Meeting of The Society for the Study of Human Development, Pennsylvania State University, PA, October, 2007.
- 2006 Ardel, Monika. “Are Older Adults Wiser than College Students? A Comparison of Two Age Cohorts.” The Gerontological Society of America Annual Meetings, Dallas, TX, November 2006.
- 2005 Ardel, Monika and Cynthia S. Koenig. “The Role of Religion for Hospice Patients and Relatively Healthy Older Adults.” The Gerontological Society of America Annual Meetings, Orlando, FL, November 2005.
- Ardel, Monika. “The Power of Purpose in Aging and Dying Well.” American Sociological Association Annual Meetings, Philadelphia, PA, August 2005.
- Hyatt, Alicia, Cassie Deaton, Nicole Alea, and Monika Ardel. “GABbing about Life Experiences: Exploring the Benefits of Participating in a Guided Autobiography (GAB) Group.” Poster. North Carolina Psychological Foundation Poster Session, Chapel Hill, NC, April 2005.
- 2004 Ardel, Monika and Emilie Lenes. “‘When Mother Goes, I Want You to Smile’: Intrinsic Religiosity and Hospice Patient’s Life Satisfaction and Acceptance of Death.” The Gerontological Society of America Annual Meetings, Washington, D.C., November 2004.
- Ardel, Monika. “The Paradoxical Nature of Wisdom and Its Relation to Human Development.” The Gerontological Society of America Annual Meetings, Washington, D.C., November 2004.
- 2003 Ardel, Monika. “The Role of Wisdom in Aging and Dying Well.” Second International Positive Psychology Summit, Washington, DC, October 2-5, 2003.

- Ardelt, Monika. "Wisdom, Religiosity, Purpose, and Death Attitudes of Hospice Patients, Nursing Home Residents, and Community-Dwelling Elders." American Sociological Association Annual Meetings, Atlanta, GA, August 2003.
- Ardelt, Monika. "'Love Thy Neighbor': Religiosity and Compassionate/Altruistic Love in a Sample of Older Hospice Patients, Nursing Home Residents, and Community-Dwelling Adults." Works of Love Conference: Scientific and Religious Perspectives on Altruism, Philadelphia, PA, May 31-June 5, 2003.
- 2001 Ardel, Monika and Carla D. Edwards. "Old Age Wisdom: A Powerful Predictor of Aging Well Across Race and Gender." The Gerontological Society of America Annual Meetings, Chicago, IL.
- Ardelt, Monika. "Effects of Religion and Spirituality on Elders' Subjective Well-Being and Attitudes toward Death." The Gerontological Society of America Annual Meetings, Chicago, IL.
- Ardelt, Monika. "Set in Their Ways? – Gender Differences in the Plasticity of Adult Personality across Forty Years." American Sociological Association Annual Meetings, Anaheim, CA.
- Ardelt, Monika. "The Role of Religion at the End of Life." National Conference of the American Society on Aging and the National Council on the Aging, New Orleans, Louisiana.
- 2000 Ardel, Monika. "Similarities and Differences between Subjective Well-Being and Attitudes toward Death in Old Age." The Gerontological Society of America Annual Meetings, Washington, D.C.
- Ardelt, Monika. "Still Stable After All These Years? - Personality Stability Theory Revisited." American Sociological Association Annual Meetings, Washington, D.C.
- Ardelt, Monika and Laurie Day. "Peer Pressure, Sibling Influence, and Parental Control: The Effects of Close Social Relations on Adolescents' Deviant Attitudes and Behavior." American Sociological Association Annual Meetings, Washington, D.C.
- Ardelt, Monika and Sari B. Venokur. "Gender Differences in Personality Change and Stability Over 40 Years." Southern Sociological Society Annual Meetings, New Orleans, Louisiana.
- 1999 Ardel, Monika. "Development and Empirical Assessment of a Three-Dimensional Wisdom Scale." Poster. The Gerontological Society of America Annual Meetings, San Francisco, CA.
- Ardelt, Monika and Carla D. Edwards. "Wisdom and Subjective Well-Being in Old Age - A Replication." American Sociological Association Annual Meetings, Chicago, IL.

- Ardelt, Monika. "Effects of Mothers' Parental Efficacy and Promotive Family Strategies on Inner-City Youth." American Sociological Association Annual Meetings, Chicago, IL.
- 1998 Ardel, Monika and Susan Eichenberger-Levy. "In Search of Meaning: The Role of Religion for Cancer Patients." American Sociological Association Annual Meetings, San Francisco, CA.
- Ardelt, Monika. "Measuring Wisdom: Development of a Self-Administered Wisdom Scale and its Relation to Aging Well." American Sociological Association Annual Meetings, San Francisco, CA.
- 1997 Ardel, Monika. "Intellectual Versus Wisdom-Related Knowledge: The Case for a Different Kind of Learning in the Later Years of Life." American Sociological Association Annual Meetings, Toronto, Canada.
- Ardelt, Monika. "Wisdom in the Later Years as an Indicator for Aging Well." American Sociological Association Annual Meetings, Toronto, Canada.
- Ardelt, Monika. "Antecedents and Effects of Wisdom in Old Age: A Longitudinal Perspective on Aging Well." Southern Sociological Society Annual Meetings, New Orleans, Louisiana.
- 1996 Ardel, Monika. "Social Crisis and Personal Growth: The Link Between Social and Individual Change." American Sociological Association Annual Meetings, New York City, N.Y.
- 1995 Ardel, Monika. "Wisdom: A Neglected Concept in the Study of Successful Human Development". American Sociological Association Annual Meetings, Washington, D.C.
- 1994 Ardel, Monika. "Wisdom and Life Satisfaction in Old Age." American Sociological Association Annual Meetings, Los Angeles, California.
- 1993 Ardel, Monika. "Determinants of Life Satisfaction in Old Age: The Role of Wisdom." American Sociological Association Annual Meetings, Miami Beach, Florida.
- Ardelt, Monika. "Parental Behavior in Low-Income Neighborhoods." American Sociological Association Annual Meetings, Miami Beach, Florida.
- Ardelt, Monika and Lynne Geitz. "Social Context and Parental Efficacy." Society for Research in Child Development, New Orleans, Louisiana.
- Elder, Glen H., Jacquelynne Eccles, Monika Ardel, and Sarah Lord. "Inner City Parents Under Economic Pressure: Perspectives on the Strategies of Parenting." Society for Research in Child Development, New Orleans, Louisiana.
- 1992 Elder, Glen H. and Monika Ardel. "Ways of Adapting to Economic Pressure: Some Consequences for Parents and Adolescents." Society for Research on Adolescence, Washington, DC.

## SYMPOSIA DISCUSSANT

- 2017 “Key Roles of Religiousness and Spirituality in the Context of Heart Failure.” Society for the Study of Human Development, 10<sup>th</sup> Biennial Meeting, Providence, RI, October, 6-8, 2017.
- “Well-Being as a Pathway to Reaching the Extremes of Human Lifespan.” The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.

## SYMPOSIA CHAIRED AND ORGANIZED

- 2018 Organizer and Chair. “The Power of Purpose for Aging Well: Contributions from the Humanities and Arts.” The Gerontological Society of America Annual Meetings, Boston, MA, November 2018.
- 2017 Co-Organizer. “Religiosity, Spirituality, and Wisdom over the Life-Span.” Society for the Study of Human Development, 10<sup>th</sup> Biennial Meeting, Providence, RI, October, 6-8, 2017.
- Organizer and Chair. “Predictors and Benefits of Old Age Wisdom.” The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.
- Organizer and Chair. “The Benefits of the Humanities and Arts for Older Adults.” The 21<sup>st</sup> IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.
- 2016 Organizer and Chair. “Humanities and Arts Contribution to Aging Well.” The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2016.
- Chair. “Images of Ageing in Changing Societies II.” European Sociological Association Research Network on Ageing in Europe Conference, Frankfurt, Germany, September, 2016.
- 2015 Organizer and Chair. “Wisdom and the Life Course.” The Gerontological Society of America Annual Meetings, Orlando, FL, November 2015.
- Chair. “Dementia 2.” The Gerontological Society of America Annual Meetings, Orlando, FL, November 2015.
- Organizer and Chair. “Resilience to Adversity: The Beneficial Effects of Personal and Social Capital.” Society for the Study of Human Development, 9<sup>th</sup> Biennial Meeting, Austin, TX, October, 16-18, 2015.
- 2014 Organizer and Chair. “Wisdom and Optimal Aging? The Positive (and Negative) Aspects of Wisdom in Old Age.” The Gerontological Society of America Annual Meetings, Washington, DC, November 2014.

- 2013 Organizer and Chair. "Stress, Growth, and Resilience across the Life-Course." Society for the Study of Human Development, 8<sup>th</sup> Biennial Meeting, Fort Lauderdale, FL, November 3-5, 2013.
- 2012 Organizer and Chair. "Life Experiences, Wisdom, and Well-Being." The Gerontological Society of America Annual Meetings, San Diego, CA, November 2012.
- Organizer and Chair. "Life Course Predictors of Later Life Well-Being and Health." The Gerontological Society of America Annual Meetings, San Diego, CA, November 2012.
- 2011 Organizer and Chair. "Pathways to Personality Growth and Wisdom at Different Stages of the Life Course." Society for the Study of Human Development, 7<sup>th</sup> Biennial Meeting, Brown University, Providence, RI, October 28-30, 2011.
- 2010 Co-Organizer. "Resilience and Positive Adaptation across the Lifespan." The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2010.
- Chair. "Wisdom." The Gerontological Society of America Annual Meetings, New Orleans, LA, November 2010.
- 2009 Organizer and Chair. "Well-Being in Old Age: An Investigation of Social and Psychological Predictors." The Gerontological Society of America Annual Meetings, Atlanta, GA, November 2009.
- 2008 Organizer and Chair. "Wisdom and Spirituality: Similarities and Differences." The Gerontological Society of America Annual Meetings, National Harbor, Maryland, November 2008.
- Chair. "Spirituality and Resilience." The Gerontological Society of America Annual Meetings, National Harbor, Maryland, November 2008.
- 2007 Organizer and Chair. "Wisdom – What Is It and What Are Its Benefits in Later Life?" The Gerontological Society of America Annual Meetings, San Francisco, November 2007.
- Organizer and Co-Chair. "Spirituality, Religion, and End-of-Life Issues." The Gerontological Society of America Annual Meetings, San Francisco, November 2007.
- Chair for the Section on Aging and the Life Course Refereed Roundtable "Aging, Social Support and Well-being." American Sociological Association, New York, August 2007.
- 2006 Organizer and Chair. "Learning from Life's Lessons: The Relation between Wisdom and Age." The Gerontological Society of America Annual Meetings, Dallas, TX, November 2006.

- 2005 Organizer and Chair. "Positive Psychology and Aging: A Life Course Perspective." The Gerontological Society of America Annual Meetings, Orlando, FL, November 2005.
- 1998 Chair. Aging Well Roundtable. American Sociological Association Annual Meetings, San Francisco, CA, August 1998.

## GRANTS

*Funded Grants*

- 2018-2022 Collaborator (PI: Michel Ferrari, Ph.D., University of Toronto): "Wise life management among Iranian immigrants and Syrian refugees" funded by the Social Sciences and Humanities Research Council of Canada (SSHRC). Amount: \$197,055; Dates: March 2018 – March 2022.
- 2015-2017 Co-Investigator (PI: Michel Ferrari, Ph.D., University of Toronto): "Motivating the Self to Virtue in Western and non-Western Countries: Does Nation or Faith Matter More?" Funded by "The Self, Motivation, and Virtue Project" funded by the Templeton Foundation Religion Trust. Amount: \$189,995; Dates: September 1, 2015 – December 31, 2017.
- 2013-2017 Principal Investigator: "Examining Exemplars of Wisdom and Creativity in Two Age Groups." Supplemental funds from the University of Florida Center for Spirituality and Health. Amount: \$2500; Dates: January 2013 – October 2017.
- 2015-2016 Co-Investigator (PI: Sabine Grunwald, Ph.D., University of Florida): "Creative Campus Mindfulness Project." Funded by the Creative Campus Initiative at the University of Florida. Amount: \$10,000; Dates: August 2015 – December 2016.
- 2010-2013 Principal Investigator: "A Cross-Cultural Study of Wisdom." Supplemental funds from the University of Florida Center for Spirituality and Health. Amount: \$2500; Dates: July 2010 – June 2013.
- 2007-2010 Co-Investigator (PI: Michel Ferrari, Ph.D., University of Toronto): "A Cross-Cultural Study of Wisdom." Funded by the Social Sciences and Humanities Research Council of Canada (SSHRC). Amount: \$74,493; Dates: June 2007 – April 2010.
- 2006 Principal Investigator: "Can Psychosocial Growth be Learned in University Courses?" Funded by the University of Florida Center for Spirituality and Health. Amount: \$4000; Dates: Summer 2006.
- 2005-2006 Co-Investigator: "Spirituality and Living Well." Funded by the Templeton Positive Psychology Fellowship Program. Amount: \$14,000 plus travel expenses to the Positive Psychology Center in Philadelphia for the Medici II meetings from May 15-July 1, 2005. Dates: May 15, 2005-May 14, 2006.

- 2003 Principal Investigator: "Research on Spirituality and Health at the End of Life." Research support and research initiation project funded by the University of Florida Center for Spirituality and Health. Amount: \$7653.57; Dates: Summer 2003.
- 2002 Principal Investigator: "Effects of Autobiographical Workshops for Older Adults on Personal Growth – A Pilot Study." Funded by the Department of Sociology, University of Florida, Research Initiation Project. Amount: \$950; Dates: May 2002-August 2002.
- 2001 Principal Investigator: "Wisdom and Compassionate/Altruistic Love: An Analysis of Psychosocial Growth in a Cohort of Medical Students." Funded by the Spirituality and Health Group, University of Florida, Research Initiation Project. Amount: \$3650; Dates: July 2001-June 2002.
- 1999-2001 Principal Investigator: "Aging and Dying Well – Similarities and Differences." Funded by the Brookdale Foundation National Fellowship Program. Amount: \$105,000; Dates: July 1999-December 2001.
- 1999-2001 Principal Investigator: "Aging and Dying Well – Similarities and Differences." Supplemental funds from the College of Liberal Arts and Sciences and the Department of Sociology, University of Florida. Amount: \$21,260; Dates: July 1999-December 2001.
- 1997-1999 Principal Investigator: "Empirical Assessment of a Three-Dimensional Wisdom Scale." Funded by the National Institutes of Health and the National Institute on Aging (1R03AG14855-01). Amount: \$47,187; Dates: August 1997-December 1999.
- 1997-1998 Principal Investigator: "Faith in God: Spirituality and Aging Well in Face of Life-Threatening Illness." Funded by the Department of Sociology, University of Florida, Research Initiation Project. Amount: \$1,033; Dates: August 1997- July 1998.
- 1997 Principal Investigator: "Empirical Assessment of a Three-Dimensional Wisdom Scale." Funded by the CLAS Research Initiation Project of the University of Florida. Amount: \$11,452; Dates: Summer 1997.
- 1995 Principal Investigator. "Learning by Observing: Teaching Methods in a Multimedia Environment." Personnel support from the Office of Instructional Resources, University of Florida, for the Multimedia Mini-Sabbatical Program. Dates: August 1995-May 1996.

*Submitted but Not Funded*

- 2017 Collaborator (PI: Ana Puig, Ph.D., University of Florida). "Post-Traumatic Growth of International Students after U.S. Visa and Border Policy Changes: A Prospective, Mixed-Methods Study" (Letter of Intent). The Pathways to



- Character Project funded by the Templeton Foundation, April 2017. Total funding requested: \$244,405
- 2016 Collaborator (PI: Michel Ferrari, Ph.D., University of Toronto). “Wisdom as a Contributing Factor to Immigrant Career Success and Career-Related Quality of Life.” Social Sciences and Humanities Research Council of Canada (SSHRC), October 17, 2016. Total funding requested: \$209,984
- 2015 Collaborator (PI: Michel Ferrari, Ph.D., University of Toronto). “Assessing and Developing Immigrant Wisdom for Optimal Acculturation in Canada.” Social Sciences and Humanities Research Council of Canada (SSHRC), October 14, 2015. Total funding requested: \$190,902
- 2014 Co-Investigator (PI: Michel Ferrari, Ph.D., University of Toronto). “Wisdom and Quality of Acculturation in Iranian and Indian Immigrants.” Social Sciences and Humanities Research Council of Canada (SSHRC), October 15, 2014. Total funding requested: \$151,224
- 2012 Principal Investigator: “Examining Exemplars of Wisdom and Creativity in Two Age Groups.” National Institutes of Health/National Institute on Aging. Date of submission: October 2012. Total funding requested: \$50,000
- 2011 Principal Investigator: “Examining Exemplars of Wisdom and Creativity across Adulthood: Psychological Characteristics, Life Philosophies, and Life Paths” (Letter of Intent). Funding agency: Templeton Foundation. Date of submission: October 13, 2011. Total funding requested: \$112,000
- Co-Investigator (PI: Kathye E. Light, Ph.D., University of Florida). “Healthcare Support for Community Elders Based on Social Networking.” Funding agency: National Institutes of Health (NIH). Date of submission: October 2011. Total funding requested: \$146,500
- Co-Investigator (PI: Kee-Lee Chou, Ph.D., University of Hong Kong). “The Benefits of Wisdom in Old Age: Using a Stress-Coping Model.” Funding agency: Hong Kong Research Grants Council. Date of submission: September 2011. Total funding requested: \$58,739
- 2009-2012 Co-Principal Investigator (PI: Michel Ferrari, PhD, University of Toronto, Canada): “Immigrant Wisdom.” Funding agency: Social Sciences and Humanities Research Council of Canada (SSHRC). Date of submission: October 2009, 2010, 2011, 2012. Total funding requested: \$151,224
- 2009 Principal Investigator: “‘Wise’ Virtues and Well-Being: A Cross-Cultural Study on the Moderating Effect Of Personal and Societal Virtue Discrepancies” (Letter of Intent). Funding agency: Arete Initiative at the University of Chicago/Templeton Foundation. Date of submission: March 2, 2009. Total funding requested: \$300,000.
- Co-Investigator (PI: Dilip Jeste, M.D., University of California, San Diego): “Are Virtues Neurocognitive Processes? Understanding the Neural Mechanisms of Virtue” (Letter of Intent). Funding agency: Arete Initiative at the University of

- Chicago/Templeton Foundation. Date of submission: March 2, 2009. Total funding requested: \$300,000.
- 2007 Contemplative Practice Fellow: “The Exploration of the Meaning of Life through Service-Learning and Contemplative Practice.” Funding agency: Fetzer Institute. Date of submission: November 14, 2007. Total funding requested: \$10,000.
- 2004 Principal Investigator: “Developmental Projects in Complementary Approaches to Cancer Care.” Funding agency: National Institutes of Health. Date of submission: September 29, 2004. Total funding requested: \$394,941.
- Co-Principal Investigator: “Altruistic Love & Science Course Competition.” Funding agency: The Institute for Research on Unlimited Love/Templeton Foundation. Date of submission: August 23, 2004. Total funding requested: \$6,000.
- 2003 Principal Investigator: “Arts in Medicine – Facilitator of Spiritual Transformation and Psychosocial Growth for Persons Dealing with a Life-Threatening Illness?” Funding agency: Fetzer Institute. Date of submission: April 30, 2003. Total funding requested: \$199,875.
- 2002 Principal Investigator: “Insight Meditation: Spiritual Transformation Through Psychosocial Growth” (Letter of Intent). Funding agency: Metanexus Institute/Templeton Foundation. Date of submission: May 28, 2002.
- 2001 Principal Investigator: “Wisdom and Compassionate/Altruistic Love: An Analysis of Psychosocial Growth in Medical Students through Participation in Three Interventions.” Funding agency: Fetzer Institute. Date of submission: March 30, 2001. Total funding requested: \$99,799.

## COURSES TAUGHT

### *Graduate Courses: Department of Sociology, University of Florida*

- Death and Dying in Old Age
- Aging and End-of-Life Issues
- Sociology of Aging and the Life Course
- Introduction to Qualitative Research Methods
- Methods of Social Research I
- Methods of Social Research II

### *Undergraduate Courses: Department of Sociology, University of Florida*

- Society and the Individual
- Principles of Sociology
- Sociology of Aging and the Life Course
- Methods of Social Research
- Sociology of Aging - Honors

*Graduate/Undergraduate Course: Department of Sociology and Center for Spirituality and Health, University of Florida*

- Group-Related Internship Program (Service Learning and the Meaning of Life)

*Graduate/Undergraduate Course: Center for Spirituality and Health, University of Florida*

- Cosmic Dance – The Integration of Science, Religion, and Compassionate Love

*Undergraduate Course: Department of Sociology, University of North Carolina, Chapel Hill*

- Social Interaction

*Graduate/Undergraduate Course: Department of Sociology, J.W. Goethe-University of Frankfurt/Main*

- Introduction to Statistics – Tutorial

## MENTORING

*Ph.D. Committee Chair:* 10 students of which 5 have graduated (Melissa Bamba, Steven Jacobs, Scott D. Landes, Hunhui Oh, Wanlu Shi).

*Ph.D. Committee Co-Chair:* 1 student.

*MA Committee Chair:* 13 students of which 13 have graduated (Melissa Bamba, Mary “Kirsten” Fitzgerald, Katherine Gerlach, Steven Jacobs, Jared W. Kingsbury, Scott D. Landes, Eli Mender, Hunhui Oh, Stephen Pridgen, Wanlu Shi, Chad Swiatowicz, Nick Vargas, Jennifer Woltl).

Member of 31 Ph.D. and 12 MA student supervisory committees.

## PROFESSIONAL ACTIVITIES

### *Service on Editorial Boards*

2004-present Deputy Editor, *Journal of Family Issues*.

2004-present Member of Editorial Board, *Journal of Aging Studies*.

2010-present Member of Editorial Board, *Research in Human Development*.

2010-present Member of Editorial Board, *Journals of Gerontology: Social Sciences*.

2014-present Member of Editorial Board, *Journals of Gerontology: Psychological Sciences*.

2015-present Member of Editorial Board, *International Journal on Meaning and Purpose*.

1991-1992 Associate Editor, *Social Forces*.

### *Reviewer for Scholarly Journals*

1996-2018 Manuscript reviewer for *Journal of Family Issues*. (37)

1997-2018 Manuscript reviewer for *Journal of Aging Studies*. (29)

- 2009-2018 Manuscript reviewer for *Journals of Gerontology: Psychological Sciences*. (32)
- 2010-2019 Manuscript reviewer for *Journals of Gerontology: Social Sciences*. (25)
- 2009-2018 Manuscript reviewer for *Psychology of Religion and Spirituality*. (14)
- 2000-2015 Manuscript reviewer for *Research on Aging*. (15)
- 2005-2015 Manuscript reviewer for *Psychology and Aging*. (12)
- 2009-2018 Manuscript reviewer for *Research in Human Development*. (12)
- 2010-2019 Manuscript reviewer for *The International Journal of Aging & Human Development*. (9)
- 2009-2015 Manuscript reviewer for *Developmental Psychology*. (8)
- 2014-2016 Manuscript reviewer for *Journal of Happiness Studies*. (4)
- 2012-2013 Manuscript reviewer for *New Ideas in Psychology*. (3)
- 2006, 2014 Manuscript reviewer for *Human Development*. (2)
- 2018 Manuscript reviewer for *The Journal of Moral Education*. (3)
- 2018 Manuscript reviewer for *International Psychogeriatrics*. (2)
- 2018 Manuscript reviewer for *Journal of Adult Development*. (1)
- 2013 Manuscript reviewer for *Journal of Aging and Health*. (1)
- 2007, 2011 Manuscript reviewer for *Sociology of Religion: A Quarterly Review*. (2)
- 2009, 2011 Manuscript reviewer for *Social Behavior and Personality: An International Journal*. (2)
- 2012 Manuscript reviewer for *Journal of Existential Psychology and Psychotherapy*. (1)
- 2012 Manuscript reviewer for *Self and Identity*. (1)
- 2012 Manuscript reviewer for *International Journal of Ageing and Later Life*. (1)
- 2012 Manuscript reviewer for *International Journal of Management Reviews*. (1)
- 2012 Manuscript reviewer for *Harvard Review of Psychiatry*. (1)
- 2011 Manuscript reviewer for *Psychology and Health*. (2)
- 2011 Manuscript reviewer for *Ageing & Society*. (1)

- 2010 Manuscript reviewer for *Early Childhood Research Quarterly*. (1)
- 2010 Manuscript reviewer for *The Sociological Quarterly*. (1)
- 2010 Manuscript reviewer for *Journal of Applied Developmental Psychology* (1).
- 2009 Manuscript reviewer for *Experimental Aging Research*. (1)
- 2009 Manuscript reviewer for *European Journal of Developmental Psychology*. (1)
- 2008 Manuscript reviewer for *Journal of Health & Social Behavior*. (1)
- 2007 Manuscript reviewer for *Social Science & Medicine*. (1)
- 2007 Manuscript reviewer for *European Psychologist*. (1)
- 1995-2005 Manuscript reviewer for *Social Forces*. (9)
- 2004-2005 Manuscript reviewer for *Journal of Personality*. (2)
- 2004 Manuscript reviewer for *International Journal of Psychology*. (1)
- 1999-2003 Manuscript reviewer for *Journal of Marriage and the Family*. (5)
- 2003 Manuscript reviewer for *Teaching Sociology*. (1)
- 2002 Manuscript reviewer for *Journal of Research in Personality*. (1)
- 2001 Manuscript reviewer for *American Sociological Review*. (1)
- 1998 Manuscript reviewer for *Sociological Inquiry*. (1)

*Reviewer for Scholarly Books and Chapters*

- 2018 Book reviewer for University of California Press (1).
- 2012 Chapter reviewer for J. D. Sinnott (ed.): *Positive Psychology and Adult Motivation*, Thousand Oaks, CA: Sage.
- 2005, 2008, 2011, 2016 Book reviewer for SAGE Publications. (4)
- 2011 Book reviewer for Springer. (1)
- 2001, 2006 Book reviewer for Oxford University Press. (3)
- 2006 Book reviewer for Rowman & Littlefield Publishers. (1)
- 1997 Book reviewer for Pine Forge Press. (2)

1995 Book reviewer for Prentice Hall. (1)

*Reviewer for Abstracts and Grants*

2009-2018 Abstract reviewer for the Annual Meetings of the Gerontological Society of America.

2016 Abstract reviewer for IAGG World Congress of Gerontology and Geriatrics (IAGG).

2015 Reviewer for John Templeton Foundation grant. (1)

2010 Reviewer for Social Sciences and Humanities Research Council of Canada grant. (1)

2007-2011 Reviewer for Brookdale Leadership in Aging Fellowship. (4)

2009-2010 Reviewer for NSF research grant. (5)  
1996-1998

2008 Reviewer for Austrian Science Grant.

2008 Reviewer for University of Chicago Arete Initiative on the Nature and Benefits of Wisdom.

*Reviewer for Promotion, Tenure, and Fellowships*

2017 External Reviewer for Promotion to Professor of Internal Medicine on the Clinician Educator track.

2014 External Reviewer for Tenure and Promotion to Associate Professor in the School of Educational Foundations, Leadership & Policy Studies.

2012 External Assessor for Promotion to Personal Professor in the School of Political Science and Sociology.

2011-2012 External Reviewer for Dr. Daniela Jopp, Fordham University, for the Brookdale Leadership in Aging Fellowship Program.

2011 External Reviewer for Promotion to Full Professor of Psychology.

*National and International Activities*

2013-present Executive Secretary, Society for the Study of Human Development (SSHD).

2018-2019 Past Chair, Gerontological Society of America (GSA) Humanities and the Arts Committee.

2016-2018 Chair, Gerontological Society of America (GSA) Humanities and the Arts Committee.

- 2016 Chair-Elect, Gerontological Society of America (GSA) Humanities and the Arts Committee.
- 2013-2016 Behavioral and Social Sciences Section representative to the Gerontological Society of America (GSA) Humanities and the Arts Committee.
- 2014-2015 Member of the Behavioral and Social Sciences Section Program Committee of the Gerontological Society of America (GSA), November 1, 2014 to October 31, 2015.
- 2015 Nominated for Behavioral and Social Science Section Member-at-Large Elect of the Gerontological Society of America.
- 2013 Member, Honorable Academic Committee, International Interdisciplinary Academic Conference “Aspects of Being Elderly in the Modern World,” organized by the Department of Clinical Psychology, Institute of Psychology, The John Paul II Catholic University of Lublin and The Psychological Education and Assistance Center in Lublin, Poland, June 15, 2013.
- 2009 Nominated for Behavioral and Social Science Section Member-at-Large Elect of the Gerontological Society of America.
- 2006 Nominated for Behavioral and Social Science Section Member-at-Large Elect of the Gerontological Society of America.
- 2000-2001 Member of the Committee on Nominations for the ASA Section on Aging and the Life Course.
- 1996-2000 Aging Well Indicators Committee member of the Section on Aging and the Life Course of the American Sociological Association.

*University Activities*

- 2002-present Member of the University of Florida Center for Spirituality and Health Advisory Board.
- 2015-present Member of the Core Group of UF Mindfulness.
- 2013-present Faculty advisor to the student organization Gators for Heaven Hospice (G4HH).
- 2012-present Commencement Marshal representing the College of Liberal Arts and Sciences.
- 2018 Presented sessions on “Mindlessness” and on “Mindfulness in Buddhist Philosophy” at the 360 Degrees Mindfulness Workshop organized by UF Mindfulness, Fall semester 2018.
- 2011-2014 Member of the College of Liberal Arts and Sciences’ Faculty Council, University of Florida.
- 2010-2013 Member of Senate Compensation Committee, University of Florida.

- 2010-2013 Member of Faculty Welfare Council, University of Florida.
- 2009-2012 University Senator, University of Florida.
- 2008-2011 Member of the College of Liberal Arts and Sciences' Finance Committee, University of Florida.
- 2005 Internal reviewer for Tenure and Promotion, University of Florida.
- 2004 Participation in the Oak Hammock Book Series as roundtable discussion leader on *Tuesdays with Morrie* sponsored by The Reubin O'D. Askew Institute on Politics and Society, November 3, 2004.
- 2003 Reviewer for Cluff Award for Aging Research, Center for Gerontological Studies, University of Florida.
- 2002-2003 Member of a university-wide workgroup to define the new agenda for the University's aging program.
- 2001-2003 Member of the Faculty Development Committee of the Institute on Aging, University of Florida.
- 2000-2002 Member of Colloquia Committee of the Institute on Aging, University of Florida.
- 1999-2002 Member of the Spirituality and Health Group Advisory Board, University of Florida.
- 1999-2001 University Senator, University of Florida.
- 1997-1999 Member of the College of Liberal Arts and Sciences Curriculum Committee, University of Florida.

#### *Department Activities*

- 2017-present Graduate Coordinator.
- 2015-2016 Faculty advisor to the Sociology graduate student organization "The Aggregate."
- 2014-2015 Member of Faculty Committee for the Department's self-study and Academic Program Review.
- 2011-2014 Member of Graduate Committee.
- 2012 Member of Tenure and Promotion Committee.
- 2011 Member of Review committee for Office Manager Candidates.
- 1997-2010 Library Representative of the Department of Sociology, University of Florida.
- 2010 Member of Tenure and Promotion Committee.



2009-2010	Member of Merit Salary Committee.
2007-2008	Graduate Coordinator.
2004-2007	Member of Committee on Committees.
2007-2008	Chair of Committee on Higher Degrees.
2006-2007	Member of Tenure and Promotion Committee.
2001-2006	Departmental contact person regarding international students, international faculty/research scholars, study abroad programs, and international development initiatives.
2001-2006	Member of Internationalization Committee.
2006	Member of By-Laws Committee.
2005-2006	Chair of Hiring Priorities Committee.
2005-2006	Chair of Department Curriculum Committee.
2003-2006	Member of Department Salary Committee.
2003-2005	Member of Colloquia Committee.
1999-2004	Member of Department Committee on Higher Degrees.
2003	Member of Gorman Student Paper Award Committee.
2003	Member of Tenure and Promotion Committee.
2003	Chair, Graduate Recruitment Committee.
2002	Member of Tenure and Promotion Committee.
2001-2003	Member of Graduate Professional Development Committee.
2000-2001	Member of the Committee on Departmental Governance and Environment.
1999-2000	Member of Department Faculty Recruitment Committee for position in Aging.
1997-1998	Member of Department Faculty Recruitment Committee for position in Health and Aging.
1995-1996	Member of Department Faculty Recruitment Committee for position in Aging.

#### *Community Involvement*

2001-2002	Member of the Task Force on Congregational Involvement of the Community Coalition on End-of-Life Issues.
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2000-2002 Member of the Steering Committee of the Community Coalition on End-of-Life Issues.

## FELLOWSHIPS AND AWARDS

### *National*

2017 Sponsored participant of the Wisdom Research Forum at the Center for Practical Wisdom, The University of Chicago, Chicago, IL, August 8 – 9, 2017.

Sponsored participant of the New York City Wisdom Seminar at Fordham University, New York, NY, June 14 – 16, 2017.

2016 Listed in Marquis Who's Who in America 70<sup>th</sup> Platinum Anniversary Edition.

2011-2015 Listed in Marquis Who's Who in America, 65<sup>th</sup> – 69<sup>th</sup> Editions.

2013 Listed in Marquis Who's Who in the World 30<sup>th</sup> Pearl Anniversary Edition.

2010 Awarded Fellowship status of the Gerontological Society of America.

2005 Templeton Positive Psychology Fellowship Award.

2006-2008 Listed in Marquis Who's Who in American Education, 7<sup>th</sup> – 8<sup>th</sup> Edition.

2004-2005 Listed in Marquis Who's Who of American Women, 24<sup>th</sup> Edition.

2003-2005 Listed in Marquis Who's Who in America, 57<sup>th</sup> – 58<sup>th</sup> Editions.

2004 Listed in AcademicKeys Who's Who in Social Sciences Higher Education.

2004 Sponsored participant of the seminar on “Works of Love: Scientific and Theological Perspectives on Altruism” directed by Stephen G. Post at Calvin College, Grand Rapids, MI, June 21-July 9, 2004.

2003 Sponsored participant at the Works of Love Conference: Scientific and Religious Perspectives on Altruism hosted by the Institute for Research on Unlimited Love and the Metanexus Institute.

1999 Brookdale National Fellowship Award.

1999 Sponsored participant of the ICPSR Summer Program workshop on Nonrandom Selection in Aging and Retirement Studies.

1996 Sponsored participant of the ICPSR Summer Program workshop on the Study of Aging: Use of Multiple Surveys.

1995 Sponsored participant of the Summer Institute in Research on Aging organized by the Brookdale Foundation and the National Institute on Aging.

1993	Finalist. Newcombe Doctoral Dissertation Fellowship.
<i>University</i>	
2016-2019	University of Florida Term Professorship.
2018	Nominated for a College of Liberal Arts Teaching Award.
2017	Nominated for a University of Florida Doctoral Dissertation Advisor/Mentoring Award.
2016	UF Mindfulness received the Champions for Change Award. The award recognizes individuals and groups that have made significant contributions to the UF community in the areas of sustainability and health & well-being.
2014	Nominated for a College of Liberal Arts Teaching Award.
2008	Colonel Allan R. and Margaret G. Crow Term Professor.
2000	University of Florida Faculty Laptop Program. Multimedia training and the award of a laptop computer to competitively selected faculty.
1994	Distinguished Graduate Student Howard W. Odum Award. Department of Sociology, UNC-CH.
1993	Professional Development Travel Award, The Graduate School, UNC-CH.
1988-1992	Rupert B. Vance Teaching Fellow. Fellowship selectively awarded by the Department of Sociology, UNC-CH.
1984	Grant from the Sociology Department of the J.W. Goethe University of Frankfurt/Main to attend the 17th Essex Summer School in Social Science Data Analysis and Collection in England.

#### RESEARCH INTERESTS

Adult Human Development  
 Aging and the Life Course  
 Wisdom  
 Spirituality and Religion  
 Death and Dying  
 Stress and Coping/Mental Health  
 Positive Psychology  
 Social Psychology

#### METHODOLOGICAL SKILLS

Linear Structural Relationship Models with Latent Variables  
 Multivariate Regression  
 Log-Linear Models  
 ANOVA/MANOVA  
 Categorical Data Analysis

Factor Analysis  
Hierarchical Linear Models  
Analysis of Longitudinal Data  
Qualitative Research and Analysis

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

The Gerontological Society of America  
Society for the Study of Human Development  
European Society for Research in Adult Development