

Tentative Syllabus

EUS3930 Food, Health and Policy in the EU

(3 credit)

Spring 2020

Instructor

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Office Hours: Mondays and Wednesdays 11:00 am – 12:30 pm, or by appointment

This time is for you, the student. During office hours is probably the best time to talk on any topic related to the course, your academic or career plans, learn about the work of your instructor, etc. The office hours are not to examine or test you.

Course Meeting Time and Location

Classroom: TBD

Meeting times: Thursday periods 8 and 9 (3:00 pm – 4:55 pm) and Thursday 9 period (4:05 pm – 4:55 pm) class periods

Course Description

The course will explore food and health-related topics of regions within the Europe Union with particular attention to regions of Scandinavia, Central and Eastern Europe, the British Isles and the Mediterranean. Countries in the regions will be discussed individually and as member states of the EU. Food production and consumption are linked to economic and political environments. To consider the impact of those factors, we will look at relevant policies that govern the EU. We will review how the policies affect different parts of the food system and health.

Required Materials

“Food around the World” 4th Edition by Margaret McWilliams, Person, 2015

Course Objectives

Upon completion of this course, students should be able to:

- List and summaries policies used by the European Union that apply to food and health
- List and define standard terms used in food production and marketing such as GMO, organic, protein food and protein content of food, etc.
- Discusses and critique food-based dietary guidelines of the European Union and member states.
- Summaries the primary nutrient-related health concerns of residents of the EU member states.
- Describe food customs and trends in different parts of Europe.

Student Evaluation

Each student will be able to earn up to 210 points. The evaluation will be based on the following criteria:

1. In-class quizzes (6x10pts each) 60pts

The quizzes will follow a specific segment of lectures. The knowledge expected on the quiz will be based on the material covered in class and presented in the readings.

2. Homework assignments (5x10pts each) 50pts

The assignments will be related to readings assigned for a specific lecture unit. They may include a summary of assigned articles, reports of literature research, or report of community research. Five quizzes, course material knowledge before the class; 50pts (10 pts each)

3. Final project 40pts

For the semester project, each student will conduct literature research and write a report of their findings. The topic of the project will be related to a specific geographic area of the EU and one of the EU food/health policy as it relates to that area. Students will have to reports the research during a short presentation.

Total: 200pts

Grades are non-negotiable and will be assigned according to the following scale.

93-100%	A
90-92.9%	A-
87-89.9%	B+
83-86.9%	B
80-82.9%	B-
77-79.9%	C+
73-76.9%	C
70-72.9%	C-
67-69.9%	D+
63-66.9%	D
60-62.9%	D-
<60%	E

Grades and Grade Points

For information on current UF policies for assigning grade points, see

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Absences and Make-Up Work

Requirements for class attendance and make-up exams, assignments, and other work are consistent with university policies that can be found at

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: *“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.* “You are expected to exhibit behavior consistent with this commitment to the UF

academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: *"On my honor, I have neither given nor received unauthorized aid in doing this assignment."*

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php> (Links to an external site.)Links to an external site.

Software Use

All faculty, staff, and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

Service	Location	Phone/Email	Website	Services provided
University Counseling and Wellness Center	3190 Radio Road	352-392-1575	www.counseling.ufl.edu/cwc/	Counseling Services Groups and Workshops Outreach and Consultation Self-Help Library Wellness Coaching
U Matter We Care		umatter@ufl.edu	www.umatter.ufl.edu	Support for students in distress
Career Resource Center	First Floor J. Wayne Reitz Union	352-392-1601	www.crc.ufl.edu	Career development assistance and counseling

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. Contact information: 0001 Reid Hall, 392-8565, www.dso.ufl.edu/drc/ ([Links to an external site.](#))[Links to an external site.](#).

Online Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.ua.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.ua.ufl.edu/public-results/>.

Reading and Writing Center

The Reading and Writing Center is committed to helping University of Florida students become better writers and readers. Individual assistance is provided and students of all levels and disciplines are welcome. <http://at.ufl.edu/rwcenter> ([Links to an external site.](#))[Links to an external site.](#). The Center is located in Broward Hall.

Other Information

Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend and participate in class.

Course Schedule (tentative)

	Topic	Readings Due	Assignments Due
Week 1 T - Jan 7 TR - Jan 9	Survey of political and physical geography of Europe European Union – short history		
Week 2 T - Jan 14 TR - Jan 16	Consideration of health in the EU Europe: Health 2020.	Summaries of EU Legislation – as it related to different aspects of human health. The main consideration will be given to nutrition and food and factors that affect nutrition such as alcohol, air pollution, water quality.	In-class quiz, week 1

Week 3 T - Jan 21 TR - Jan 23	United kingdom and Ireland Food tradition and trends. Health.	Chapter 4: British Isles in <i>Food around the Whorl</i> in M. Williams	
Week 4 T - Jan 28 TR – Jan 30	The Common Agricultural Policy	Future of the common agricultural policy (CAP) in EUR-LEX, European Union publications	Homework 1
Week 5 T – Feb 4 TR – Feb 6	Northern Europe Food tradition and trends. Health.	Chapter 5: Scandinavia in <i>Food around the Whorl</i> in M. Williams	In-class quiz, weeks 2,3 & 4
Week 6 T – Feb 11 TR – Feb 13	Food Safety Policy	Food Safety in EUR-LEX, European Union publications	Homework 2
Week 7 T – Feb 18 TR – Feb 20	Germany, Benelux, Austria and Switzerland Food tradition and trends. Health.	Chapter 6: Central Europe in <i>Food around the Whorl</i> in M. Williams	In-class quiz, weeks 5 & 6
Week 8 T – Feb 25 TR – Feb 27	Environment policy	Environment and climate change in EUR-LEX, European Union publications	Homework 3
Week 9	Spring Break		
Week 10 T – Mar 10 TR – Mar 12	Countries of former Warsaw Pact Food tradition and trends. Health.	Chapter 7: Eastern Europe in <i>Food around the Whorl</i> in M. Williams	In-class quiz, weeks 7 & 8
Week 11 T – Mar 17 TR – Mar 19	Public Health	Koplan, JP <i>et al.</i> (2009) <i>Towards a common definition of global health.</i> Lancet. 373:9679. doi: 10.1016/S0140-6736(09)60332-9	Homework 4
Week 12 T – Mar 24 TR - Mar 26	Mediterranean Region Food tradition and trends. Health.	Chapter 8 and 9 Mediterranean Sphere in <i>Food around the Whorl</i> in M. Williams	In-class quiz, weeks 10 & 11
Week 13 T – Mar 31 TR – Apr 2	Mediterranean Region Food tradition and trends. Health. Sustainable diets	Chapter 10 and 11 Mediterranean Sphere in <i>Food around the Whorl</i> in M. Williams	Homework 5
Week 14 T – Apr 7 TR – Apr 9	Sustainable diets Student projects and presentations	Dernini, S. and Berry, EM. (2015) <i>Mediterranean diet: from a healthy diet to a sustainable dietary pattern.</i> Front. Nutr. 2:15. doi: 10.3389/fnut.2015.00015	In-class quiz, weeks 12 & 13
Week 15 T – Apr 14 TR - 16	Student projects and presentations		
Week 16 T – Apr 21	Student projects and presentations Thursday 23, Reading Day		